

*The Instructive District Nursing
Association. Its Seventeenth Annual
Report for the Year ending January 31, 1903*

B O S T O N

J. W. Moreland

1903



PHOTO BY F. B. CONNOR, BOSTON.

SUPERINTENDENT AND STAFF OF NURSES

THE SEVENTEENTH ANNUAL REPORT

OF THE

Instructive District Nursing Association

FOR THE YEAR ENDING JANUARY 31, 1903.

(Incorporated 1888)

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ACT OF INCORPORATION.

No. 3480.

COMMONWEALTH OF MASSACHUSETTS.

BE it known that whereas, Phebe G. Adam, Anita E. Wheelwright, Mary Minot, Hannah A. Adam, Judith W. Andrews, Abbie C. Howes, Margaret Greene, Clara T. Endicott, Susannah R. Norcross, Alice D. Chandler, Emily W. Appleton, and others, have associated themselves with the intention of forming a corporation under the name of The Instructive District Nursing Association, for the purpose of caring for the sick poor at their homes, and for instruction in home nursing, and have complied with the provisions of the Statutes of this Commonwealth, in such case made and provided, as appears from the certificate of the President, Treasurer, Secretary, and Managers of said corporation, duly approved by the Commissioner of Corporations, and recorded in this office ;

Now, therefore, I, Henry B. Peirce, Secretary of the Commonwealth of Massachusetts, do hereby certify that said P. G. Adam, A. E. Wheelwright, M. Minot, H. A. Adam, J. W. Andrews, A. C. Howes, M. Greene, C. T. Endicott, S. R. Norcross, A. D. Chandler, E. W. Appleton, and others, their associates and successors, are legally organized and established as, and are hereby made an existing corporation under the name of, The Instructive District Nursing Association, with the powers, rights, and privileges, and subject to the limitations, duties, and restrictions which by law appertain thereto.

Witness my official signature hereunto subscribed, and the seal of the Commonwealth of Massachusetts hereunto affixed, this twenty-sixth day of December, in the year of our Lord one thousand eight hundred and eighty-eight.

HENRY B. PEIRCE,

[SEAL]

Secretary of the Commonwealth.

BOARD OF MANAGERS.

President.

Miss ELIZABETH P. CORDNER, 55 Chestnut Street.

Vice-Presidents.

Miss HELEN COLLAMORE, 317 Commonwealth Av., Boston.

Miss MARY MINOT, 245 Marlborough St., Boston.

Secretary.

Mrs. ERNEST AMORY CODMAN, 104 Mount Vernon Street, Boston.

Treasurer.

Mrs. OTIS NORCROSS, Jr., 249 Marlborough Street, Boston.
(SUSANNAH R. NORCROSS.)

Miss HANNAH A. ADAM	4 Bishop St., Jamaica Plain.
Miss SUSAN C. AMORY	233 Marlborough St., Boston.
Miss FANNIE BARTLETT	227 Commonwealth Av., Boston.
Miss MARY E. BATCHELDER	28 Quincy St., Cambridge.
Mrs. WALTER C. BAYLIES	61 Commonwealth Av., Boston.
Mrs. RICHARD CARY	121 Marlborough St., Boston.
Miss EMILY G. DENNY	Upland Road, Brookline.
Mrs. WILLIAM A. DONALD	Chestnut Hill.
Miss CLARA T. ENDICOTT	32 Beacon St., Boston.
Mrs. JAMES G. FREEMAN	470 Beacon St., Boston.
Mrs. WILLIAM ALLEN HAYES	139 Bay State Road, Boston.
Miss FANNY HOOPER	49 Beacon St., Boston.
Mrs. M. A. DEWOLFE HOWE	114 Mt. Vernon St., Boston.
Miss JULIA O. HUNNEWELL	303 Dartmouth St., Boston.
Miss HÉLOISE MEYER	194 Beacon St., Boston.
Mrs. FRANK H. MONKS	Monmouth St., Brookline.
Mrs. JAMES G. MUMFORD	29 Commonwealth Av., Boston.
Miss ELLEN G. PARKER	33 Chestnut St., Boston.
Miss GERTRUDE W. PEABODY	13 Kirkland St., Cambridge.
Mrs. JOHN RITCHIE	6 Mt. Vernon Pl., Boston.
Mrs. WILLIAM B. ROGERS	117 Marlborough St., Boston.

HONORARY MEMBERS.

Mrs. WILLIAM APPLETON	76 Beacon St., Boston.
Miss MARY RUSSELL	72 Beacon St., Boston.

ADVISORY BOARD.

Mr. WILLIAM ENDICOTT	32 Beacon St., Boston.
Mrs. CHARLES D. HOMANS	The Ludlow, Boston.
Mrs. S. T. HOOPER	1 Bond St., Cambridge.
Dr. VINCENT Y. BOWDITCH	506 Beacon St., Boston.
Mr. EUGENE B. HAGAR	33 Temple St., Boston.
Dr. ELBRIDGE G. CUTLER	214 Beacon St., Boston.
Dr. WILLIAM L. RICHARDSON	225 Commonwealth Av., Boston.
Mrs. WILLIAM T. SEDGWICK	Edge Hill Road, Brookline.

DISTRICT COMMITTEES.

DISTRICTS.	MANAGERS.	NURSES.
No. 1. East Boston	{ MRS. F. H. MONKS.	{ MISS GALLAGHER.

THE KING'S CHAPEL NURSE.

No. 2. {	MISS MARY MINOT.	{	MISS ROBINSON.
No. 3. }	MRS. O. NORCROSS, JR.	}	

No. 4. West End .	{ MRS. RICHARD CARY.	{	MISS SCHRIDER.
	MRS. W. A. HAYES.	}	

THE SARAH S. UPHAM NURSE.

No. 5. South Cove	{ MISS C. T. ENDICOTT.	{	MISS HAIGH.
	MRS. W. C. BAYLIES.	}	

No. 6. Central . .	{ MRS. JOHN RITCHIE.	{	MISS MCKAY.
	MRS. E. A. CODMAN.	}	

No. 7. South End .	{ MISS E. G. PARKER.	{	MISS DIX.
	MISS S. C. AMORY.	}	

No. 8. South Boston	{ MISS E. G. DENNY.	{	MISS ASMAN.
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THE MRS. WILLIAM APPLETON NURSE.

No. 9. South Boston	{ MRS. J. G. MUMFORD.	{	MISS ILLSLEY.
	MISS HÉLOISE MEYER.	}	

No. 10. {	MRS. W. A. DONALD.	{	MISS MCDUGALL.
No. 13. }	MRS. W. B. ROGERS.	}	

No. 11. Roxbury . .	{ MISS J. O. HUNNEWELL.	{	MISS EDDY.
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THE THERESA BLAKE NURSE.

No. 12. Roxbury . .	{ MISS FANNY HOOPER.	{	MISS ROSS.
	MRS. M. A. DE W. HOWE.	}	

THE CAMBRIDGE NURSE.

Cambridge	{ MISS G. W. PEABODY.	{	MISS CROSBY.
	MISS M. E. BATCHELDER.	}	

Obstetric Work Nos. 8, 9, 10, 13 .	{ MISS FANNIE BARTLETT.	{	MISS KELLEY.
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Nos. 5, 6, 7, 11, 12 .	{ MISS FANNIE BARTLETT.	{	MISS PARKER.
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No. 1, and Supple- mentary Work in Nos. 5-13 . . .	{ MISS H. COLLAMORE.	{	MISS ROWAN.
	MRS. J. G. FREEMAN.	}	

EXECUTIVE COMMITTEE.

MISS ELIZABETH P. CORDNER, *President*.MRS. E. A. CODMAN, *Secretary*.

MISS FANNIE BARTLETT.

MRS. OTIS NORCROSS, JR., *Treasurer*.

MISS ELLEN G. PARKER.

MISS MARY MINOT.

MISS FANNY HOOPER.

SUPPLY COMMITTEE.

MRS. JOHN RITCHIE. MRS. M. A. DE WOLFE HOWE. MRS. J. G. FREEMAN.

Office : Room 67, No. 2 Park Square.

Open daily (except Sundays and holidays) from 9 A.M. to 1.30 P.M. ; 2 P.M. to 5.30 P.M.

Telephone Numbers { During office hours, Oxford, 627-3.
 { Night calls for physicians, Back Bay, 1977-6

Agent : MISS L. J. PAYSON.

Superintendent : MISS MARTHA H. STARK. At the office between 2 and 3 P.M.

MEMBERS OF THE CORPORATION.

Extract from the By-Laws.—ARTICLE I. The Corporation of the Instructive District Nursing Association shall consist of the persons named in the Act of Incorporation; of all persons who have been or at any time shall be members of the Board of Managers; of the members of the Advisory Board for the time being; of such persons as shall contribute to the funds of the Association at any one time the sum of one hundred dollars (\$100) or more, each; and of such other persons as shall be, at any meeting of the Corporation, elected members by ballot—the affirmative vote of two-thirds of those present and voting being necessary for a choice.

Adam, Miss Hannah A.	*Higginson, George
*Adam, Miss Phebe G.	Homans, Mrs. Charles D.
Allan, Mrs. B. J.	Hooper, Miss Fanny
Amory, Miss Susan C.	Hooper, Mrs. S. T.
Andrews, Mrs. Judith W.	Howe, Mrs. M. A. DeWolfe
Appleton, Mrs. William	*Howes, Miss Abbie C.
Ayer, Mrs. James B.	Hunnewell, F. W.
Bartlett, Miss Fannie	Hunnewell, Miss Julia O.
Batchelder, Miss Mary E.	Ireland, Miss Catherine I.
Baylies, Mrs. Walter C.	*Jordan, Mrs. Eben D.
Beebe, F. H.	Kuhn, Mrs. Hartman
Blake, Miss Marian L.	Lamb, Mrs. Horace A.
Blake, Robert P.	Leland, Mrs. Charles F.
Blake, Mrs. S. Parkman	Lyman, Mrs. Theodore
Blake, S. Parkman	Mason, Miss Ellen F.
*Blake, Miss Theresa H.	Mason, Miss Ida M.
Bowditch, Miss Charlotte	Meyer, Miss Héloïse
Bowditch, Vincent Y., M. D.	*Minot, Francis, M. D.
Bradford, Mrs. Henry	Minot, Miss Mary
*Bradlee, Miss Helen	Monks, Mrs. Frank H.
Brooks, Mrs. Shepherd	Mumford, Mrs. James G.
Brown, Mrs. Howard N.	Norcross, Mrs. Otis, Jr.
*Cary, Miss Anne P.	Osgood, Miss Emily L.
Cary, Miss Ellen G.	*Palfrey, Mrs. F. W.
Cary, Mrs. E. M.	Parker, Miss Ellen G.
Cary, Mrs. Richard	Parkinson, Mrs. John
Chandler, Mrs. F. W.	Peabody, Miss Gertrude W.
Coburn, Mrs. G. W.	Perry, Mrs. Arthur P.
Codman, Mrs. Ernest A.	*Pierce, Henry L.
Collamore, Miss Helen	Richardson, William L., M.D.
Coolidge, Mrs. T. Jefferson, Jr.	Ritchie, Mrs. John
Coolidge, Mrs. J. Randolph	Reed, Mrs. William H.
Cordner, Miss Elizabeth P.	Rogers, Mrs. William B.
Curtis, Mrs. Horatio G.	Russell, Miss Catherine E.
Cutler, Elbridge G., M. D.	Russell, Miss Mary
Denny, Miss Emily G.	Russell, Mrs. Robert S.
*Dixwell, Epes S.	Sedgwick, Mrs. William T.
Donald, Mrs. William A.	Shaw, Mrs. Quincy A.
Duryea, Mrs. Herman	Shaw, Quincy A.
*Dwight, Edmund	Sprague, Mrs. Seth E.
Endicott, Miss Clara T.	Stearns, Mrs. George L.
Endicott, William, Jr.	*Tappan, Lewis William
Fairchild, Mrs. Charles	Thorndike, Mrs. Paul
Fenno, Mrs. L. Cartaret	Thorp, Mrs. James G.
Freeman, Mrs. James G.	*Upham, Mrs. George P.
Glover, Joseph B.	Upham, Miss Susan
Goldthwait, Mrs. Joel E.	Vaughan, Mrs. Benjamin
Goodwin, Mrs. William H., Jr.	Weld, Mrs. William G.
Greene, Mrs. J. S. Copley	Wheeler, Mrs. Henry
Greene, Miss Margaret	Wheelwright, Miss Anita E.
Grinnell, Mrs. Charles E.	Whitney, Henry M.
*Guild, Mrs. James	Winsor, Mrs. Henry
Hagar, Eugene B.	Woods, Mrs. Henry
Hayes, Mrs. William A.	

* Deceased.

METHODS OF WORK.

THE precise object of the Instructive District Nursing Association, organized in 1886, is to provide and support nurses duly certified by some well-known hospital training school, who shall care for the sick poor in their own homes, in Boston and its vicinity. These nurses shall also instruct the families they visit to take better care of themselves, by showing them how to obey the laws of wholesome living, and to practice the simpler arts of domestic nursing.

The Boston Dispensary, established in 1796, divides the city of Boston into thirteen out-patient districts, each of which is provided with a competent physician free of charge. Eleven out of the fifteen nurses in the employ of the Instructive District Nursing Association work under these dispensary physicians, one nurse being assigned to each district, with the exception of two, each of whom works in two districts. The nurse meets the physician of her district each week day, generally at the place where the calls are left. She usually visits the new cases with him and the old cases which she thinks need his attention, but sometimes she makes the round of visits alone, after obtaining his written or verbal instructions. The rest of the day the nurse spends in visiting old cases, and in revisiting those new cases which need her care.

Call stations for the district physicians of Boston Dispensary are the following : —

I. — East Boston. Mr. Woodbury's apothecary shop, 108 Sumner Street, corner of Lewis Street.

II and III. — North End. Mr. Simpson's apothecary shop, 396 Hanover Street.

IV. — West End. Mr. Malley's apothecary shop, 113 Cambridge Street.

V. — South Cove. VI. — Central. VII. — South End. Boston Dispensary, Ash Street, corner of Bennett Street.

VIII, IX, X, and XIII. — South Boston. Mr. Curtis's apothecary shop, 373 Broadway, South Boston.

XI. — Roxbury. Mr. Putnam's apothecary shop, 2121 Washington Street, Roxbury.

XII. — Roxbury. Mr. Cramer's apothecary shop, 1212 Columbus Avenue, Roxbury.

One nurse works in Cambridge under several doctors. Calls for this nurse are left at the following places: Office of city physician, Central Square, Cambridgeport; the Social Union, 42 Brattle Street, Cambridge, and Patten's apothecary shop, corner Fourth and Cambridge Streets, East Cambridge.

There are three obstetric nurses, two of whom work entirely under the physicians of the Boston Lying-in Hospital: one in districts 8, 9, 10 and 13, the other in districts 5, 6, 7, 11 and 12; in other words, from Boylston Street and Essex Street to Dudley Street, Roxbury, and all of South Boston. The third nurse works under physicians in East Boston, district 1, and also supplements the work of the two other nurses. Each morning the nurses are given a list of newly delivered cases at the South End Branch of the Boston Lying-in Hospital, 174 Harrison Avenue. These they visit with or without their doctor. The nurses are also given a list of the cases to visit before confinement, and when the time allows, these are visited. The third nurse receives her East Boston calls at Mr. Woodbury's apothecary shop, 108 Sumner Street.

Nurses are expected to work eight hours each week day, but only in exceptional cases on Sundays, holidays or nights. Nurses receive \$40 per month during three months' probation, and then \$50 per month for two years, and \$60 per month thereafter. Nurses are furnished with uniforms. In addition, nurses are allowed \$5 per month for car fares, and \$2 per month for charwoman and the necessary washing for patients. Nurses are given one month's vacation without loss of pay, a substitute at \$40 per month being provided. Nurses give reports of their work, at a stated time each week, at the office, to a committee of one or two managers. These reports are taken down by the agent. The nurses'

monthly reports are given to the Superintendent and to the Sub-Committee on Nurses.

Special, or emergency, nurses are supplied on application, by any physician of standing, at the office, during the hours in which it is opened. These hours are given below. At other times application from physicians only can be made by telephone to number 1977.6 Back Bay. Physicians are requested to fill out the following formula :

Name of Patient
Address
Disease
Circumstances
Orders
Signed

Attending Physician.

The Superintendent has the supervision over all the nurses, supplies nurses in cases of illness and during the summer vacations of the nurses, attends to all emergency calls, recommends nurses for appointment for regular positions, and sees that the supply closets are kept in order.

The Executive Committee has the authority over the Superintendent and nurses.

The Supply Committee has charge of the providing of all the articles needed in the sick room, and the placing of them in the six places in the city provided for that purpose. The articles are loaned under the direction of the nurses.

A District Committee is appointed for each nurse, consisting of one or two managers, which meets the nurse once a week to hear her reports.

All committees are under the authority of the Board of Managers, who at present consist of twenty-five ladies beside the President, and who have the entire management of the business of the Association.

The office of the Association, 67 Park Building, 2 Park Square, telephone number 627.3 Oxford, is open each week day from 9 A.M. to 1.30 P.M. and from 2 P.M. to 5.30 P.M., and is in charge of a salaried agent. The Superintendent is at the office between 2 P.M. and 3 P.M.

ANNUAL REPORT.

THE object of this Association as defined in its annual reports under the head of "Methods of Work" is "to provide and support nurses . . . who shall care for the sick poor in their own homes, in Boston and its vicinity."

To carry out this plan we employ fifteen nurses, working under a superintendent, all with the best hospital training, and as many special nurses as are needed for emergency calls. The number of regular nurses this year is the same as last year, but there are some changes in the placing of the nurses. Heretofore two have worked in the two North End districts respectively, but owing to the small amount of work in these districts one nurse was put in charge of the two districts and the change is satisfactory. One nurse still looks after two districts in South Boston with good results. Thus eleven nurses cover the thirteen dispensary districts of Boston, all working under the dispensary physicians, and as heretofore one nurse works in Cambridge under several physicians.

The obstetric part of our work was started a little over a year ago with one nurse working in South Boston under the physicians of the Boston Lying-in Hospital. Soon a second one was added. One nurse covered districts 8, 9, 10 and 13, South Boston, while the other covered districts 5, 6, 7, 11 and 12, South Cove, Central, South End, and the two Roxbury districts. After a time it was found that these nurses had more than they could do, so a third nurse was added. She takes those cases which the other nurses cannot attend to, and also takes cases in East Boston, working there under different physicians, as the Boston Lying-in Hospital does not cover this part of the city. The addition of this nurse was made possible by the gift of \$500 from a friend, together with a part of the money which had been previously used for the

second nurse in the North End. The call for emergency nurses is still steadily increasing. There were 227 calls this year to 155 last year.

The instruction of tuberculosis patients has always been part of the nurses' duty, and particular attention has of late been given to this disease in the Boston Dispensary. Now larger work is to be undertaken by this Association, in coöperation with a committee recently formed, who hope more effectually to prevent the dangers of infection from tuberculosis, as well as to care for those sick with that disease. A similar committee has also been formed in Cambridge, with whom our nurse there will coöperate.

During the year lectures have been given the nurses by the following physicians:

Dr. Edward O. Otis, "Tuberculosis."

Dr. Abner Post, "Venereal Diseases."

Dr. Richard Cabot, "A Résumé of the Most Important Recent Advances in Practical Medicine."

Dr. Maynard Ladd, "Infant Feeding."

Dr. Michael J. Cronin, "Pneumonia in Infants and Children."

Dr. Walter LeCompte, "Diseases of the Ear."

The obstetric nurses do not take this course of lectures, but attend lectures at the Boston Lying-in Hospital.

To all the doctors who have so willingly given their time and experience the Association extends its thanks. It likewise wishes to thank the following organizations for their ready coöperation: the Boston Dispensary, the Directory for Nurses, the Nurses' Club, the various hospitals of the city, the Associated Charities, the Floating Hospital, the Fruit and Flower Mission and the Parker Memorial. Its thanks are also extended to the trustees of the Mrs. Arthur T. Lyman Fund for again giving money for vacations for sick and tired nurses; to St. Andrew's Chapel, the Roxbury Charitable Society and the Social Union in Cambridge for the free use of rooms for the loan supplies; to the Young Men's Christian Union for its gifts of car tickets, free rides and harbor tickets which it has so generously supplied, for the privileges of the Country Week extended so liberally, and for the in-

visitation to so many of our children to the Christmas tree ; to the Lend-a-Hand Society for vacations given to two of our patients ; to the Church of our Saviour, through Mrs. Frank Monks, for Christmas presents to the children in Roxbury, and to the Milton Home, which has given a needful rest to so many of our women and children suffering from debility. The thanks are given to Mrs. William Appleton, who today has opened her house for the fifteenth time for the annual meeting.

As will be seen by the Treasurer's statement, our Permanent Fund has increased \$3,200.66 and our General Fund has lost \$736.12, this being the excess of our expenses over our available receipts. During the year we were pleased to receive among other gifts, \$500 from Mrs. William G. Weld towards the expenses of a third obstetric nurse, \$500 from the "Church of the Advent," \$100 from the Roxbury Charitable Society, and for the Permanent Fund \$200 from a King's Chapel friend, and \$1,000 from a member of King's Chapel. We also received from the United States government the sum of \$2,124.79, paid as a legacy tax by Mr. George P. Upham, executor of his wife's will ; this tax, if at any time repaid by the government, it was Mr. Upham's wish, should be added to the Sarah S. Upham gift to the Association. Of this sum the Board voted to place \$2,000 in the Permanent Fund, which contains the generous gift of Mrs. Upham.

Our financial need this year is not so much in the direction of more nurses as for the support of the organization as it is now running. The support of fifteen nurses alone requires a large sum of money, and when the salaries of the superintendent and agent, the running office expenses and the payment of emergency nurses are added, it can easily be seen that much money is required. We need \$15,000 annually.

We have run several hundred dollars behind this year ; several of our regular annual subscribers have died, and in a year's time the Association will lose \$2,000 a year by the expiration of the five years' agreement. Therefore we ask earnestly for generous support.

KATHARINE B. CODMAN,
Secretary.

STATISTICS — FEBRUARY 1, 1902, TO FEBRUARY 1, 1903.

REPORT OF GENERAL WORK.

DISTRICTS.	NAMED NURSES.	Cases.	Visits.	Unrecorded visits.
I. East Boston . .		375	3,027	412
II. North End . .		302	2,999	346
III. North End . .	The King's Chapel Nurse	277	3,182	283
IV. West End . .		679	5,333	834
V. South Cove . .	The Sarah S. Upham Nurse	477	3,925	597
VI. Central . . .		650	5,280	1,382
VII. South End . .		344	3,379	612
VIII. South Boston .		522	3,927	932
IX. South Boston .	The Mrs. William Appleton Nurse .	621	5,337	427
X and XIII. South Boston .		550	3,847	795
XI. Roxbury . . .		379	3,246	772
XII. Roxbury . . .	The Theresa Blake Nurse	420	4,335	676
Cambridge . . .	The Cambridge Nurse	25	} 3,027
No. Cambridge		10		
Cambridgeport		110		
E. Cambridge .		139		
Total		5,880	50,844	8,068

The visits of the nurses are of two sorts, classified for convenience as (1) Recorded; (2) Unrecorded. The first are to those patients to whom the nurse pays more than one visit, and where she actually gives nursing treatment. It is these patients whose names are entered, with all the treatment, upon the specially prepared books. The second comprise the cases to which the physician finds he has been called unnecessarily, or to which a single visit suffices. These cases are not reported individually, but collectively as "unrecorded."

Number of men	974
Number of women	2,303
Number of children	2,603
Number of acute cases	4,355
Number of chronic cases	668
Number of skin cases	127
Number of surgical cases	634
Number of obstetric cases	96

RESULT OF WORK.

Number discharged, well or improved	3,977
Number discharged to dispensary	245
Number discharged to hospital	658
Number discharged by death	260
Number discharged for other causes	463
Number still under care	277

REPORT OF OBSTETRIC WORK.

	No. of cases visited after delivery.	No. of visits.	No. of cases visited before delivery.	No. of visits.
South Boston	427	4,045	85	115
South End	449	3,934	77	106
East Boston, 5 months	37	296	1	1
Total	913	8,275	163	222

During the last five months a third obstetric nurse worked in the South Boston and South End districts.

REPORT OF EMERGENCY WORK.

Emergency applications,	227
Number cared for by this Association,	193
Number cared for by attendants,	34
Number cared for by Special Nurses,	158
Number cared for by District Nurses,	35
Number of men,	19
Number of women,	95
Number of children,	79
Number of acute cases,	93
Number of medical cases,	72
Number of surgical cases,	12
Number of obstetrical cases,	16
Number of visits,	312
Number of hours (hourly visiting),	83
Number of days,	276
Number of nights,	283

RESULT OF WORK.

Number of patients discharged well or improved,	142
Number of patients discharged to hospital or dispensary,	24
Number of patients discharged by death,	18
Number of patients still under care,	9

All "out-patient" tubercular patients of Boston Dispensary and "outside" tubercular cases are included in this list.

CASES REPORTED BY THE SUPERINTENDENT.

AMONG the many cases which this Association has furnished nurses during the year, I will give the following as a few examples of the large number of sick poor who without help of this organization would have been unable to procure any nursing care.

One of the Dispensary physicians of Roxbury was called in to see two children ill with the measles. While finding the patients themselves tolerably comfortable, the mother, who was doing her best to care for them, was suffering from a severe abscess of the cheek caused by an ulcerated tooth. She had tried in vain every home remedy she knew, was completely worn out from the care of the sick children and of an infant just recovered from the measles. Her husband was a laborer; they were without money; the whole atmosphere of the few rooms was desolate indeed. The case was truly deserving, for the woman, when well, did everything in her power to make both ends meet. The physician immediately ordered her to go to the Harvard Dental School in North Grove Street, where gas would be given and the tooth extracted. In order to enable her to get there in her weakened state our nurse gave her an invalid carriage order and found a friend to accompany her. Before she left, however, we had put in a special nurse to remain for the day and care for the sick children, clean up the rooms, cook the frugal meal for the husband and make things in general more comfortable, so that when the mother returned with tooth extracted and abscess opened, but much prostrated by it, she was enabled to go to bed directly, getting a much needed rest, confident that her children would be well looked after. At the end of two days she was well able to resume her family work.

Both her husband and herself expressed great appreciation of all we had done, the former adding that had it not been for the nurse he would himself have had to stay at home, trying in his helpless and ignorant way to tend the invalids "and at the same time losing his wages."

Another instance is one where we were asked to furnish a nurse for a man ill with pneumonia. He lived with his two sisters, who did hand laundry work in their own home. They wanted to pay for a part of the nursing care, in fact they would not take it for free service, but ready money was lacking and they could only pay it little by little. We therefore arranged to furnish the nurse, allowing the women to repay the Association in small installments and at such times as they could. The patient, they said, had been a devoted brother, and they earnestly desired to have him cared for at home and not sent to a hospital. The district nurse, therefore, went in daily for such time as she could give, but when more constant nursing was necessary than this, we furnished an hourly nurse, to fill in the needed time when the district nurse was on duty elsewhere, and at the most critical stage of the disease a night nurse was also sent to insure all proper care of the patient and secure undisturbed sleep for the anxious, tired sisters. The man was ill four weeks and it took the women ten weeks to repay us the share of the nursing expenses which they had undertaken, but which they so gladly did in their deep gratitude at the brother's recovery.

In East Boston the Associated Charities applied for aid in an obstetrical case. The patient had always before been able to have a "pay doctor," but now her husband was out of work and worse than this was drinking. Her former physician was not one able to give his services free, therefore the Associated Charities came to us. Had the Lying-in Hospital had a branch in East Boston they would have applied for a physician, but this not being possible I asked one of the former house physicians of this hospital if he would kindly take the case, which he most readily did, while we furnished him with our obstetrical nurses of that district for the "after-care"; the woman and baby got along

nicely. It would have been impossible to send the woman to the hospital, owing to the drinking habits of her husband rendering him unfit to care for the children, therefore any absence of the mother meant the breaking up of the home.

One day last June a seamstress in conversation with one of our nurses confided to her that she knew she was going to die of a cancer. She had not seen a physician, but after much persuasion from the nurse allowed one to make an examination and discover the extent of the growth. An operation was found imperative. She finally overcame her horror of a hospital, went there and had the growth removed and although not absolutely cured, she is now in a much better condition for work and probably can continue to do so for a few years longer.

A special appeal for a nurse came to us from Dorchester, the case being that of a mother in a very enfeebled condition from dementia, so much so that she could not be moved, yet her daughter was all worn out caring for her, the father having died only a short time before. The physician wondered that the mother lingered on so long, and help was indeed needed in the care of her. Our district nurses, therefore, visited until the woman became so much worse that care and watchfulness was needed every minute and we then furnished special nurses for day and night during the remaining two weeks of her life. The daughter recovered.

MARTHA H. STARK, *Superintendent.*

FURNISHED THE DISTRICT NURSES FOR DISTRIBUTION BY THE BOSTON DISPENSARY.

SUGGESTIONS FOR THE GUIDANCE OF CONSUMPTIVE PATIENTS.

1. The sputum (spit) coughed up by a consumptive contains the seeds of the disease. If the sputum becomes dry and powdered, these seeds or germs fly about in the air, and anyone breathing them into the lungs is liable to contract consumption, especially if the general health is poor. If the sputum is swallowed it may produce consumption of the bowels.

2. Never spit upon the floor, carpet, wall, stove or street. When out of doors, spit into a piece of cloth, which must be burned as soon as you reach home. If you have to use a handkerchief, change it frequently, and boil it five minutes before washing. When in the house, use a cup or hand spittoon half full of water, and empty the contents down the water-closet twice a day, or burn them. Wash the cup or spittoon thoroughly with boiling water.

3. Do not get the sputum upon the clothing, bed clothes or hands.

4. When you cough hold a cloth before your mouth. Do not talk or laugh in the face of anyone, for germs may be thrown out in this way. Do not kiss people.

5. Keep your room well aired and clean, without any carpet on the floor, or stuffed furniture. Sleep alone and in a separate room if possible. Keep the windows open day and night.

6. Keep yourself perfectly clean. Wash the face and hands several times a day, and rinse out the mouth. If possible take a cool sponge bath every morning.

7. Do not use any form of alcoholic drink, but drink all the milk you can.

8. Do not get over-tired. Stay out in the open air several hours every day, even if it is not very pleasant weather, for fresh air and good nourishing food are the best remedies for consumption.

9. Be hopeful, and make up your mind that you will get well, as so many thousand consumptives have done; but you must do what your doctor tells you, and have courage, patience and endurance, for it takes a long time to get thoroughly well.

10. Consumptive mothers should not nurse their children, and should not themselves use the children's feeding bottles, cups, spoons, etc.

11. Any room which has been occupied by a consumptive patient should be thoroughly cleansed before being used again.

REPORT OF SUPPLY COMMITTEE.

DURING the year almost one thousand articles have been loaned, and our hearty thanks are extended to the friends and to the Sewing Circles whose contributions enabled us to give so much comfort. Since we have employed three obstetric nurses the demand for baby clothing has greatly increased. We should be grateful to receive more baby clothing, sheets, towels, old cotton and linen and baby carriages.

All contributions should be sent to our principal storeroom, to the care of the janitor at the Boston Dispensary, corner Ash and Bennet Streets, addressed to the "Instructive District Nursing Association," and at the same time a notice should be sent to the office, Room 67, 2 Park Square, to insure prompt acknowledgment of all donations.

ROSA RITCHIE, *Chairman.*

ARTICLES IN BAG FOR GENERAL NURSE.

Instrument case.	Absorbent cotton,
Scissors.	Sheet wadding,
Forceps.	Bandages,
Probe.	Compress.
Catheter, glass.	Brandy.
Catheter, rubber.	Corrosive tablets.
Thermometer, in bottle of 3% formaldehyde.	Nitric acid.
Rectal thermometer.	Creoline.
Safety pins.	Crude petroleum.
Soap box.	Vaseline.
Soap.	Tongue depressors.
Bowl.	Culture tube.
Nail brush in rubber bag.	Report book.
Orange-wood sticks.	Small pad of paper.
Comb.	Pencil.
Towel.	Clinical charts.
Apron.	Diet slips.
Bag, containing	Board of Health postal cards.
Gauze,	Carriage orders.
	Car tickets.

ARTICLES IN BAG FOR OBSTETRIC NURSE.

Instrument case.	Suit of baby clothing :
Scissors.	1 binder.
Shears.	1 shirt, cotton.
Forceps.	1 petticoat, flannel.
Probe.	1 slip.
Catheter, glass.	1 shawl.
Catheter, rubber.	2 diapers.
Thermometer in bottle of 3% formaldehyde.	Culture tube.
Rectal thermometer.	Brandy.
Safety pins.	Corrosive tablets.
Soap box.	Nitric acid.
Soap.	Crude petroleum.
Bowl.	Lanoline.
Nail brush in rubber bag.	Carbolized vaseline.
Orange-wood sticks.	Sub-gallate powder.
Comb.	Boric acid powder.
Baby brush.	Oxide of zinc and starch powder.
Towel.	Eye-dropper.
Apron, cotton.	Drinking tube.
Apron, rubber.	Tongue depressors.
Bag, containing,	Report book.
Gauze,	Small pad of paper.
Absorbent cotton,	Pencil.
Sheet wadding,	Diet slips.
Bandages,	Board of Health cards.
Breast bandage,	Car tickets.
Compress.	Carriage orders.

ARTICLES LOANED.

	Times.		Times.
Spread	1	Breast shield	1
Rubber sheets	27	Hot water bags	16
Sheets	122	Ice caps	33
Pillowcases	92	Pus basins	7
Nightshirts	8	Wash bowl	1
Nightgowns (women)	75	Feeding cups	14
Nightgowns (children)	43	Feeding tubes	2
Nightgowns (infants)	2	Fly nettings	4
Flannel jackets	4	Cresolene lamps	9
Diapers	32	Bed rests	8
Breast bandages	218	Crutches	16 pr.
Binders	7	Wheel chairs	9
Rubber air rings	47	Steamer chair	1
Bed pans	105	Reclining chair	1
Urinals	4	Perambulator	1
Cabinet box	1	Baby carriages	17
Atomizers	8		
Bulb syringes	8	Total	986
Piston syringes	2		
Ear syringes	2	Articles lost	33
Fountain syringes	30	Articles worn out	5
Douche pans	7	Articles destroyed	2
Douche pail	1		

LIST OF CONTRIBUTIONS.

1,580 car tickets, 80 carriage orders, 50 round trip tickets to Nahant, rides for invalids, 62 hats. — Y. M. C. A., through MISS JOHNSON.

Two infants' slips, two infants' petticoats, three gingham dresses, one pair knit shoes, one sacque, one afghan, one toy and old linen. — MRS. A. S. HILL.

Sixteen diapers, nine flannel skirts. — The Woman's Guild of the Church of Our Saviour, through MRS. WALTER KILHAM.

Twenty articles of underwear. — Sewing Circle of the Cantabrigia Club, through MRS. R. P. WILLIAMS.

One infant's flannel petticoat. — A FRIEND.

Thirty-six sample bottles of food. — MRS. E. A. CODMAN.

Fifty-nine printed cards in Hebrew: "Friendly Advice to Persons having Diseases of the Lungs." — MASS. EMERGENCY AND HYGIENE ASSOCIATION.

One flannel wrapper, old linen, 2 Bibles, one Testament, picture books and pictures. — A FRIEND.

Parcel of worn clothing. — MRS. G. EVANS.

Infant's blanket and old linen. — MISS G. W. PEABODY.

Ten sheets, twelve pillowcases, twelve towels, two wrappers. — BOSTON BRANCH OF THE NEEDLEWORK GUILD.

Two bed tickings, old linen. — MRS. S. P. BLAKE.

One rubber sheet, parcel of old linen, cotton waste. — A FRIEND.

One rubber air ring. — ASSOCIATED CHARITIES OF CAMBRIDGE.

Ninety-four pieces of infants' clothing. — Tuesday Morning Sewing Circle, through MRS. L. S. TUCKERMAN.

A commode chair, a bed pan. — MISS ALICE C. ROGERS.

Four nightgowns. — MISS EDITH CREHORE.

Eighteen pieces of infants' clothing. — The Lend-a-Hand Club of 1874, through MRS. W. M. FARWELL.

Two hundred pieces of infants' clothing. — MRS. CHARLES P. CURTIS.

A chest. — MRS. WILLIAM B. ROGERS.

Old magazines. — MRS. PILLSBURY.

Sample bottles of food and medicine. — ROXBURY FRIENDS.

Two dozen lubricants. — MISS PIERCE.

Fifteen dozen diapers. — 98 Sewing Circle of Boston, through MISS MARY STONE.

Photograph of nurses. — MISS H. MEYER.

Thirty-two cards of admission to Burrage Hospital, Bumkin Island. — Through DR. C. CRANE.

Five dollars for Christmas gifts. — MISS TUXBURY.

Card catalogue. — MISS E. G. PARKER.

A wheel chair. — MRS. GRAY.

A cabinet chair. — Associated Charities, through Miss A. L. FOWLE.

A dressing sack. — MISS PLYMPTON.

Two flannel undervests, old linen. — MRS. BENJ. VAUGHAN.

Two boxes of toys and books. — CONGREGATIONAL SUNDAY SCHOOL, Southington, Conn.

One pair pajamas, two night jackets, two pairs bloomers, two flannel nightgowns. — MRS. JOY.

Two flannel nightgowns, three rolls absorbent cotton, three nursing bottles, one rubber ring, one rubber air pillow, three pairs bed shoes, one ice bag, old linen. — MRS. JAS. G. FREEMAN.

Five dollars to buy dolls for Christmas. — A FRIEND.

One pair of crutches, one bed pan, one rubber syringe, one glass syringe, one bed tray, one cabinet chair, one cot bed. — MISS FANNIE FOSTER.

Eighteen bottles and one can of sample food. — DR. A. H. BASSETT.

Ten flannel petticoats, three infants' slips. — Guild of the Church of the Redeemer, Chestnut Hill, through MRS. W. H. ASPINWALL.

Absorbent cotton, old linen. — MISS CORDNER.

Two ice bags, old linen. — MRS. R. H. STEVENSON.

Four numbers of a Nursing Journal. — MISS FANNIE HOOPER.

One year's subscription to "The American Journal of Nursing,"
twenty-four breast bandages, 168 articles of infants' clothing.
— MISS FANNIE BARTLETT.

Parcels of old cotton and linen. — MRS. JOSEPH LORD, MISS JACKSON, MISS FANNY HOOPER, MISS MARY MINOT, MISS ADAM, MISS E. G. PARKER, MRS. J. B. CASE, MISS EMILY DENNY, MRS. W. H. NEAL, MRS. OSBORNE HOWES, MRS. SMITH, MRS. F. W. LAWRENCE, MISS M. A. LEWIS, MRS. ATHERTON BROWN, MRS. J. B. AYER, MRS. E. A. CODMAN, MRS. W. H. ASPINWALL, and four "FRIENDS."

TREASURER'S STATEMENT.

THE Treasurer presents the annual account for the year ending January 31, 1903.

This account shows that the Permanent Fund is now \$36,200, a gain for the year of \$3,200; that our General Fund is \$8,448.75, a loss for the year of \$736.12; that our receipts (other than additions to the Permanent Fund) were \$13,847.34, and our running expenses were \$14,583.46. The increase in the Permanent Fund came from the gifts of \$200 from a "King's Chapel friend" and of \$1,000 from a "member of King's Chapel," and by the addition of \$2,000, which by vote of the Board were placed in this fund, out of the \$2,124.79 recovered from the United States government as the tax paid on the (Mrs.) Sarah S. Upham legacy, already a part of the Permanent Fund.

The excess of running expenses over available receipts (\$736.12) was met from the General Fund.

It is evident that \$15,000 is needed to meet our annual expenses. We have an agent, a superintendent and fifteen nurses (three of whom are obstetric nurses), and in addition we provide nurses for emergency cases (this year at a cost of \$700).

Our plan of work is comprehensive and our organization efficient. This is the result of many years of hard and earnest study, and while there is other work which could well be undertaken by this Association, the Board do not feel justified, until the maintenance of our present work as planned is assured, of considering any additional work for which funds are not specifically provided.

It is hoped that the \$15,000 will be given us.

The Treasurer's account in detail follows:

Dr.

INSTRUCTIVE DISTRICT NURSING ASSOCIATION

PAYMENTS.

To Cash paid for

Salaries to Superintendent	\$1,000.08	
“ Regular Nurses	7,928.01	
“ Substitute Nurses	1,595.94	
“ Emergency Nurses	311.62	
	<hr/>	\$10,835.65
“ Agent and her Substitute		755.00
Wages and Expense for care of office		29.30
Incidental Expenses of Superintendent and Nurses, including car fares		1,189.85
Rents: Rooms 67 and 68, Park Building	\$326.90	
Room at North End, Boston	55.67	
“ “ Ellis Building, South Boston	52.00	
“ “ 329 Saratoga Street, East Boston	48.00	
	<hr/>	482.57
Supplies for Nurses and others		221.01
Uniforms for Superintendent and Nurses		199.52
Annual Reports, including postage		216.46
Stationery and Printing, including postage stamps, Sundry Items		66.05
		103.98
Care of Emergency Cases (\$385.73) and assistance to sick nurses (\$40.84) from the Mrs. Arthur T. Lyman Fund		426.57
By loss of premium on sale and transfer of bonds,		57.50

Balance on hand: —

Permanent Fund:

Notes secured by mortgages	\$4,500.00
\$24,000 Bds. Chic. Burl. & Q. R.R. [Neb.] 4's at par,	24,000.00
\$1,000 Bd. Illinois Steel Co. conv. 5's, 1910, cost	981.25
\$4,000 Bds. American Tel. & Tel. Co. 4's, cost	3,967.50
\$2,000 Bds. No. P. & Gt. No. R.R. (C. B. Q.) 4's	1,882.50
Deposit in Franklin Savings Bank	868.75

General Fund:

\$3,000 Bds. American Tel. and Tel. Co. 4's	3,000.00
\$2,000 Bds. N. Y. C. & H. R. R.R. (L. Sh.) 3½'s	1,960.00
\$3,000 Bds. Illinois Steel Co. conv. 5's, 1910, cost	2,962.50
Cash on deposit in American Loan & Trust Co., in- cluding \$106.99 unexpended from the Mrs. Arthur T. Lyman Fund, and \$110.14 unexpended from the Jamaica Plain Dispensary	501.25
Cash in hands of Supply Committee	25.00

44,648.75

Special Investments, being one year's prepaid annual
subscriptions — to be carried to General Account
November, 1903:

\$1,000 Bds. Illinois Steel Co. conv. 5's, 1910, cost	\$987.50
Deposit in Franklin Savings Bank	346.50

1,334.00

\$60,566.21

in account with SUSANNAH R. NORCROSS, Treasurer. Cr.

RECEIPTS.

By Balance on hand: Amount as per Treasurer's account Feb. 1, 1902, including \$73.56 unexpended from the Mrs. Arthur T. Lyman Fund and \$110.14 unexpended from the Jamaica Plain Dispensary, \$42,159.87	
Cash in hands of Supply Committee	25.00
	<hr/>
	\$42,184.87
By Annual Subscriptions	\$3,322.00
Annual Subscriptions under five years' agreement,	2,176.00
Donations	5,646.00
	<hr/>
	11,144.00
By Gifts to Permanent Fund :	
From "King's Chapel Friend"	200.00
" " "Member of King's Chapel"	1,000.00
By Gift from a friend for rent of extra office	125.00
Gift from the Mrs. Arthur T. Lyman Fund	460.00
Income from Investments	1,839.78
Sundry items	153.77
By Repayment by U. S. government of legacy tax paid on the Sarah S. Upham legacy	2,124.79
Amount of one year's prepaid annual subscriptions	1,334.00

\$60,566.21

SUSANNAH R. NORCROSS, Treasurer.

Boston, January 31, 1903.

Boston, February 16, 1903. I have examined the foregoing account for the year ending January 31, 1903, and find it correct and properly vouched for.
EUGENE B. HAGAR, Auditor (appointed by the Board of Managers).

SPECIMEN PAGES FROM WEEKLY RECORDS

No.	First visit.	Name of patient.	Age.	Residence.	Occupation.	Disease.	Nurse.	Doctor.	Articles Loaned.
181	Dec. 19	R. E.	3 years	254 C St.		Pneumonia	G.	N.	
242	Nov. 7	D. M.	45 years	151 H St.	Char-woman	Ulcer of Leg	S.	D.	
230	Oct. 28	M. J.	30 years	42 S St.	Housewife	Phthisis	G.	C.	
346	Dec. 4	B. A.	40 years	15 M St.	Laborer	Rheumatism	M.	J.	
382	Dec. 2	W. N.	21 years	140 T St.	Factory girl.	Peritonitis	W.	V.	
260	Dec. 15	K. B.	2 years	107 B St.		Measles	W.	L.	
16	Jan. 16	M. M.	35 years	65 B St.	Housewife	Obstetric Case	S.	C.	2 Breast Bandages.
224	Oct. 2	C. J.	6 years	4 C Ave.		Pertussis	W.	W.	
314	Sept. 29	M. M.	7 years	53 A St.		Typhoid	G.	L.	2 Sheets, 2 Pillow-cases, 2 Night-gowns.
410	Dec. 19	L. L.	4 mos.	10 L St.		Pneumonia	D.	B.	

OF THE NURSES, FILED AT THE OFFICE.

Relief Given.	NURSING TREATMENT.	Cause of Discharge.	Date of Discharge.	No. of Days.	No. of Visits.
	Take temperature, pulse, and respirations. Give the mother directions about the nourishment, the medicine, and stimulants; about greasing the chest, caring for the mouth, and ventilating the room.	Patient Convalescing.	Dec. 27	9	8
	Have taught patient to wash and dress ulcer. Watch the case.	Patient Improved.	Nov. 23	17	5
Help from Associated Charities.	Patient up and about. Give directions about general care, and emphasize the importance of burning the sputum. Keep her supplied with cough medicine.	Patient Improved.	Jan. 15	80	27
	Take temperature. Bandage joints and teach the wife to do it. Give directions about the nourishment and medicine.	Patient Well.	Dec. 19	16	9
	Took temperature and pulse. Gave hot douches. Made poultices. Showed landlady how to do the same.	Patient sent to B. C. Hos.	Dec. 5	4	5
	Taught the mother to bathe the child in saleratus water; to put the drops in the eyes, and to shade the room. Gave directions about the medicine and diet.	Patient Well.	Dec. 20	6	5
	Take temperature and pulse. Bathe patient; make bed. Bandage breast. Care for baby's cord and eyes. Wash and dress baby.	Patient Well.	Jan. 25	10	9
	Gave the mother directions about the medicine and diet; told her to feed child after coughing. Talked to her about the importance of fresh air and good ventilation at night.	Patient Improved.	Nov. 16	46	16
Diet Order.	Keep chart. Give baths. Change clothing and bedding; teach the mother to do the same. Give directions about patient's diet, the care and ventilation of room and the use of disinfectants. The mother takes good care.	Patient Convalescing.	Nov. 1	34	22
Diet Order.	Take temperature, pulse and respirations. The doctor ordered cold baths to be given twice a day, stimulants every two hours and cough medicine. Instruct the mother how to carry out the treatment. Give directions about the feeding. Keep general oversight.	Patient Convalescing.	Dec. 29	11	14

ADDRESSES.

THE following are two of the addresses made at the Annual Meeting on February 25.

DR. EDWARD O. OTIS.

MRS. PRESIDENT, LADIES AND GENTLEMEN:—I believe it was Izaak Walton who said that doubtless God could have made a better fruit than the strawberry, but doubtless God never did. And in this city of a multiplicity of societies and charities, there may be a better institution than the Instructive District Nursing Association, but I know of no better. Its work, in my opinion, is the best and most valuable of any of the various charitable associations of this city. The best evidence of the value of a piece of work is the unsolicited and gratuitous testimony of those who are constantly observing that work. There can be no better evidence of the worth of your work than the testimony of the district physicians with whom your nurses are so intimately and daily associated. I have here the last year's reports of the district physicians of the Boston Dispensary, which were written for the Managers, and whatever they say in regard to the nurses is entirely voluntary on their part, and I can do no better than to read a few extracts from these reports.

The first one which I shall read is from Dr. Butler, of the Third District, in the North End. It is a short report, and in order to give a good setting to what is said about the district nurse I shall read the whole of it, which will be of interest, I think, as showing the kind of work and the environment which the nurse meets.

“The work of the Dispensary physician,” says Dr. Butler, “is peculiar; the calls made upon him are often numerous and

always varied. He frequently feels that his work has been properly appreciated as well as useful, although he also has doubts as to this last.

"There is, however, a great difference between the work in different sections of the city; and while that in one may be as discouraging, at times, as that in another, yet the varied pictures presented by one or another nationality have their own background or setting. The easy, free-from-anxiety family life of the Italians is clearly different from the reckless and often demoralized life of the broken-down Irish family. Still in both there is usually gratitude expressed for treatment from the doctor or kindnesses from the district nurse. The Italian, living in large families so often seen in groups in North Square, talking and gesticulating together, never seen drunk on the street, but nowadays crowding the saloons, seldom leaves his family in abject poverty, and usually seems to have money in abundance. The Irishman, on the other hand, too often spends his wages in hard liquor, brings on such poverty, hardship and want that the family life must be one without hope.

"It seems as if the Italians made a common cause of their food and lodging—a sort of coöperative plan, as it were—for not infrequently in the morning rounds you may open the door at 10 or 11 A.M. on a roomful of men eating their macaroni out of a common dish, and each with a bottle of beer, while numerous children sprawl on the floor and under the table.

"Many a time, when one sees the almost prodigal method of living, one feels that gifts and help are not properly valued; that free medical attendance is often misunderstood, and surely at times abused.

"From a medical point of view one is often at a loss to convince one's self as to the sincerity of many patients. They seem so frequently to have an ulterior purpose in calling the doctor. They call him to get rid of some one who fails to pay his board; they want him to furnish free medicine when they are buying whisky and beer enough to drown themselves; they call him for something; they may call him for nothing.

“On the other hand, one occasionally comes across a family, perhaps of seven children, the oldest twelve years, the father earning nine dollars a week. Typhoid fever starts its fearful work; the oldest girl dies; another child, and still a third comes down with the fever, and the mother now calls in the Dispensary doctor because there's no more money for the 'pay doctor.' The one or two visits daily by the physician, with the tender and intelligent care and help of the district nurse, leave pleasant memories in the mother's heart, and her gratitude is sincere as well as outspoken. Such instances of appreciated endeavor give reward for nurse and doctor.

“The work of the Dispensary doctor is, however, of minor importance; in fact, would be without reasonable results if it were not for the helps of the district nurse. The respect which is felt for her is partly shown by the children who meet and call to her on the street. The old women, too, usually have a pleasant 'good morning,' and the men touch their hats as she enters the room. The doctor's work rather supplements hers, for she knows the different families, how hard the mother works, whether the husband drinks up half his wages, whether there's another doctor already treating the case, and whether or not there's honest endeavor to help themselves.”

District 4. “First of all, I cannot too highly praise the most excellent work of Miss —, the district nurse. She has not only labored most energetically and constantly to teach these poor people how to care for themselves, but she has also worked early and late caring for the very sick, oftentimes at the risk of her own health.”

District 5. “Too much cannot be said in praise of the District Nursing Association. Much of the success of our work depends on their efforts. Miss —, who assists me, is exceptionally well qualified to fill the position. She is a hard worker, always amiable, and very conscientious.”

District 6. “The physician's duties do not consist alone in prescribing medicine, but in giving directions in matters of hygiene and instruction as to the proper feeding of children. It is some-

times distressing to see the unnecessary discomfort these little sufferers are subjected to when they become ill. The parents seem utterly ignorant of the first principles of caring for their sick. They often apply their own peculiar nostrums and fallacies, which are positively harmful. A case in point I met today. A child of Jewish parentage, sick in bed with measles, was in a room with windows and doors closed, so that there was no ventilation, and the air in consequence very bad. The room was intensely warm, and the child was covered with a feather bed and an abundance of other clothing, this the parents deeming necessary as a precaution against the child 'catching cold.' The mother and grandmother were in tears. The child had not been washed for several days, the reason given by the mother being that she was afraid it would 'drive the measles in.'

"These women, and scores of others, have proper filial affection and are anxious to do their utmost for their children's welfare, but in cases of sickness seem to lose their judgment. It is in these and similar cases that the aid given by the Instructive Nursing Association is of great value. The nurse assigned to the district, coöperating with the district physician, makes the work of both much more effectual, the service rendered by the nurse often being of more importance than the prescribing of medicine. Especially is this true of young infants and children where instruction in the preparation of food is the one thing necessary."

District 7. "During the past four months, aside from the usual acute cases, we have cared for a large number of chronic patients for whom no adequate provision has been made at the hospitals, such as cases of cancer and especially cases of advanced consumption.

"These patients realize that they have but a short time to live, and wish to be made comfortable and allowed to spend their few remaining days with their friends and relatives.

"For such patients we have been able to do much because we have as resources: medicines either free at the Dispensary or supplied at a nominal price, the use of the Diet Kitchen, and splendid nursing supplied by the Instructive District Nursing

Association, so that we have been able not only to instruct patients what to do for themselves and for the prevention of the spread of their infection to others, but we have also been able, in most instances, to see that our instructions were properly carried out."

Dr. Tileston in District 10, in South Boston, says: "In conclusion I would say that the nurses of the Instructive District Nursing Association have rendered the same invaluable assistance to me as to my predecessors."

District 11. "The district nurse was of invaluable assistance in my work. Her duties in part consist of accompanying the physician on his rounds, and seeing that his directions for treatment are carried out, instructing the family of the patient how to care for him, and reporting the condition of the patient to the physician as learned on independent visits. She is brought into more intimate relations with the family than the physician, and learns more readily its needs in the line of further charity, which she is then able to relieve by help of the Diet Kitchens, Associated Charities, etc.

"So the special nurses and attendants provided in emergencies are a true blessing. An illustration of their work is seen in the case of an aged woman suffering from pneumonia. She was living alone, in two attic rooms, and had no friends in the city. The family of whom she hired the rooms were indifferent as to her condition, and incapable of caring for her. The hospitals were so crowded that she could not be gotten into one for three days. She was semi-delirious and inclined to get out of bed. There was no one to wait upon her, give her medicine or nourishment. Supplies of food were procured from the Diet Kitchen, and attendants were provided, who cared for her until she could be admitted to the hospital.

"Again, I was called to a child with pneumonia, delirious and noisy. There were no vacant beds in the hospital. The widowed mother, with two other children to provide for, was tired with watching the child day and night, for the girl had already been sick two days, the mother being unable to get a doctor pre-

viously, having sent three times to another Dispensary without a response. A special nurse was provided for two nights. Then the condition of the child improved so much and the mother became so much rested that she was able to nurse the child through the rest of the disease herself."

District 13. "Great credit is due the district nurses for their valuable services. Without their aid the Dispensary physician would be unable to accomplish the amount of work he does. To them is due the credit of all the good accomplished except the purely medical."

I think I need add nothing to what has been so graphically said in these reports. They are simply the spontaneous expressions of feeling on the part of the district physicians. I do not believe that there is an association in this city that accomplishes the good within its limits that this association does.

I would like to say a word or two in conclusion in regard to a phase of work to which more attention is being now paid by the association, and that is the relief, control and prevention of pulmonary tuberculosis or consumption. You are all aware that the whole civilized world is at work fighting this great "white plague." All over the world this great warfare is going on. The English, for example, have a great national association for the prevention of this disease, with affiliated societies all over the island. They are building sanitariums and working in other ways to stamp out and control this disease. It is recognized now, as you know, that it is an absolutely controllable disease, because we know its cause and what produces it, and, consequently, how to control it. There is, therefore, every incentive to work in this direction, because the end is the stamping out of this disease.

At one time Great Britain was dotted over with houses for lepers, and it seems as if the same would be true for consumptives in the establishment of sanatoria. As a result of the first, leprosy has been banished from the island, and it is the belief of eminent men who have been working in this direction that tuberculosis also will be practically extinguished.

The work of the Instructive District Nursing Association in

this new field is twofold. First, they have been distributing literature upon this subject. A page circular issued by the Boston Dispensary is left in families where tuberculosis exists. This gives simple rules as to how to care for one's self, and to prevent infection to the other members of the family. Secondly, they have been enlarging their work as follows (through a suggestion of the tuberculosis department of the Boston Dispensary): every case that comes to this department of the Boston Dispensary is referred to the superintendent of nurses, and she refers it to the proper nurse of the district in which it is, and that nurse investigates the condition of the consumptive patient, the personal hygiene of the individual, his environment, and, in general, everything connected with the way in which the patient lives. If these patients need food, that is looked after through the Diet Kitchen and by other means, and instruction is given them as to how they can dispose of the sputum so as to save the other members of the family from infection. Now this work is increasing. All those who apply to the out-patient department of the Massachusetts General Hospital, who have consumption, are to be referred to these nurses, and also all those who come under the knowledge of the Associated Charities, and we hope that this work will be extended over the entire city. This matter is of vital importance; we are all subject to exposure to this infection. It is a personal matter with all of us to do what we can to stamp out and control this easily controllable disease.

It seems very strange that with all the multiplicity of charities and all the kind-heartedness that exist in Boston, the only person who is left out of hospital care is the poor consumptive. The man sick with pneumonia, for example, is taken to and cared for at our general hospitals. If one is injured he can receive the best surgical aid, but there is no place which will receive a poor consumptive but the poorhouse, and, rather than become a pauper, he usually prefers to die in poverty. What we need is some hospital where these poor consumptives can be sent. I desire especially to emphasize the great value of this work which is being done by the district nurse in the control of tuberculosis. If we

do not know where the patient is, we cannot control the disease. And that is what the nurses are doing now, finding out the habitat and condition of poor consumptives, so that we can take the proper means to control and prevent infection.

DR. WILLIAM G. DWINELL.

HOUSE PHYSICIAN OF THE BOSTON LYING-IN HOSPITAL.

I shall attempt this afternoon to briefly point out the results accomplished by the three nurses furnished the Boston Lying-in Hospital Out-Patient Department by the Instructive District Nursing Association and call your attention to the excellent work they are doing.

The district visited includes South Boston and the territory extending south from Essex Street and Boylston Street to Dudley Street and Roxbury Crossing, and represents about one-half of the hospital's out-patient clinic. As a rule patients make application for help at the branch office of the hospital, 174 Harrison Avenue, several weeks before the expected event. During confinement and convalescence the patients are attended by young doctors, resident at the branch on Harrison Avenue, who are under the direct supervision of the house physician, who in turn is subject to one of the visiting physicians of the hospital. The work of the nurse commences directly after the patient's confinement.

To outline their year's work would be to roughly estimate the number of visits at 8,500; to speak of 913 mothers attended and to picture 7,000 clean babies, representing the number of babies washed as crowding the Public Garden. In detail, the duty of the nurse at each daily visit is to wash and dress the baby; to look after its eyes, its cord, its general nutrition and to supply it with necessary clothing; to carefully note the mother's physical condition; to take her pulse and temperature in questionable cases; to repin the binder and to provide for her general comfort. Furthermore, the nurse instructs the mother how to properly care for herself and baby; modifies milk for the baby in case it is un-

able to nurse, and before her final visit explains the modification to the mother.

When the nurses are not engaged with their regular daily visits, they call at homes where new arrivals are expected and provide many necessities.

This work, however, has not been very extended during the past year, owing to the large clinic attended; still, it is very important, for many of the families are absolutely destitute. There may be no bedding other than an old feather bed, which is pulled up over both patients after confinement; there may be no receptacles for antiseptic solutions; no baby clothes; no binder or clean clothes for the mother; so you can readily see how a few preliminary visits from the nurse will greatly aid the young doctor in his work.

The nurses prevent many complications by timely instituting proper treatment and reporting the abnormality to the hospital. Moreover she supplies the mother with much useful information, which the young doctors are not familiar with, and to the out-patient physician she is a reliable co-worker.

Through the help of the Association a more thorough attempt will be made in the future to coöperate with the Dispensary in early establishing the necessary precautions with tubercular patients.

Emergency nurses are promptly furnished day or night when occasion demands. The object of the Association in providing such nurses is, I believe, to give assistance for a matter of twenty-four to forty-eight hours in cases dangerously ill.

It must be obvious to all how greatly handicapped the doctor is when he encounters a serious hemorrhage, for instance, or a case of severe shock, as not infrequently occurs, without anything to do with and with no one to trust.

To illustrate more fully: one cold night last December I attended a hemorrhage case at 4 Foster Terrace. I found half a dozen people crowded about the bed chanting their weird Polish death song. The room was cold and destitute of everything but an old lamp with a broken chimney and two or three old chairs —

no fire, no hot water, no one who could talk English and absolutely no one to trust.

Now fancy treating a serious case under such conditions and then realize what it means to have a trained assistant for a few hours — it means the saving of many lives.

The results are educational and social and are independent of the manual work done. The ignorant and slovenly are guided to a better understanding of how to live and how to care for themselves. Grandmothers, mothers and sisters must appreciate to a greater or less degree how the mother and baby should be cared for, which in time will gradually replace the obsolete methods.

The work is a deserving one and is deeply appreciated, for the mothers, after passing through those awful hours of agony, surrounded with rough sympathy and much learning, will never forget the next morning when the nurse comes to quiet the children and restore order to the home. Long will the poor creature gratefully remember the comforting words, the quiet ways and the kindnesses of her nurse.

I cannot close without speaking directly about the nurses. The willingness and enthusiasm the nurses show in carrying on their work day in and day out, under such adverse circumstances as they are bound to meet, such as dirty and disorderly homes, drunkenness, and the inclemency of the weather, earns for them well-merited praise.

THE following is quoted from a letter written by a citizen of Cambridge in regard to work among the poor in that city:

“In addition to the cases arising in the Overseers of the Poor Department, the City Physician has daily the additional services of a skilled hospital-trained and faithful nurse, whose services are paid for by the Instructive District Nursing Association at an expense to them of nearly \$1,000 per year, without any charge for the same to the city of Cambridge. This nurse calls upon the City Physician every morning, at nine o'clock, to inquire if he has

any cases of sick poor, outside of the Overseers' cases, that he knows of which she can attend and relieve.

"This Instructive District Nursing Association is a purely philanthropic Association, in no way partisan, or connected with politics whatever, but is sustained by the contributions of generous and well disposed people who are ever ready to do for the poor. The city of Cambridge ought to feel thankful to this Association for the excellent service it is now rendering and has done in the past."

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Sever, Miss Emily (<i>an.</i>)	10.00
Shaw, Mrs. B. S. (<i>an.</i>)	5.00
Shaw, Mrs. R. G. (<i>an.</i>)	5.00
Smith, Miss A. E.	3.00
Snow, Mrs. Henry C. (<i>an.</i>)	5.00
Sprague, Mrs. S. E. (<i>an.</i>)	15.00
South Friendly Society	10.00
Staigg, Mrs. R. M. (<i>an.</i>)	5.00
Standish, Miss A. (<i>an.</i>)	5.00
Stone, Mrs. Richard (<i>an.</i>)	5.00
Storer, Miss A. M. (<i>an.</i>)	5.00
Storer, Miss M. G. (<i>an.</i>)	5.00

Carried forward, \$8,318.00

<i>Brought forward,</i>	\$8,318.00	<i>Brought forward,</i>	\$8,888.00
Sturgis, Mrs. J. H. (<i>an.</i>)	5.00	Wheeler, Mrs. A. S.	5.00
Thacher, Mrs. Geo.	5.00	Wheelwright, Mrs. A. C. (<i>an.</i>)	5.00
Thayer, Miss A. G.	10 00	Wheelwright, Mrs. Edw. (<i>an.</i>)	5.00
Thomas, Miss Mary (<i>an.</i>)	5.00	Wheelwright, Mrs. G. W. (<i>an.</i>)	10.00
Ward, Miss C. E.	5.00	Whitwell, Miss S. L. (<i>an.</i>)	5.00
Warren, Mrs. B. W.	25.00	Williams, Miss L. H.	10.00
Warren, Miss Cornelia (<i>an.</i>)	10.00	Wilson, Miss L. M. (<i>an.</i>)	20.00
Weld, Mrs. A. D. (<i>an.</i>)	5.00	Winkley, Mrs. S. H. (<i>an.</i>)	10.00
Weld, Mrs. Wm. G.	500.00	Wood, Mrs. Frank (<i>an.</i>)	10.00
<i>Carried forward,</i>	\$8,888.00	<i>Total,</i>	\$8,968.00

LIST OF SUBSCRIBERS

TO

"FIVE YEARS' AGREEMENT."

Fourth Instalment.

Those marked "a" have paid in full.

Ames, Miss M. S.	\$15.00	<i>Brought forward,</i>	\$125.00
aAmory, Mrs. Arthur	10.00	aCase, Mrs. J. B.	5.00
Amory, Mrs. Wm.	10.00	Cotting, Mrs. C. E.	10.00
Arnold, Mrs. G. F.	5.00	Cordner, Mrs. John	5.00
Bacon, Miss E. S.	5.00	aCrafts, J. M.	20.00
Baylies, Mrs. W. C.	5.00	aCrafts, Mrs. J. M.	10.00
Beal, Mrs. B.	3.00	aCrafts, Miss E. S.	2.00
Bigelow, Dr. W. S.	20.00	Crafts, Miss M. E.	5.00
aBlake, Mrs. A. W.	10.00	Crocker, Mrs. G. G.	5.00
Blake, Dr. C. J.	5.00	Crosby, Mrs. S. V. R.	10.00
Bradford, Dr. E. H.	5.00	Cummings, Mrs. C. A.	10.00
Bryant, Mrs. W. S.	5.00	Cunningham, Mrs. F.	10.00
Bush, Mrs. J. S. F.	2.00	Cutler, Dr. E. G.	5.00
*Cabot, Mr. J. E.	10.00	Dexter, Mrs. G. B.	1.00
Cabot, Mrs. J. S.	10.00	Dresel, Miss L. L.	5.00
Cabot, Mrs. R. C.	5.00	Dwight, Edmund, Est. of	1,000.00
<i>Carried forward,</i>	\$125.00	<i>Carried forward,</i>	\$1,228.00

<i>Brought forward,</i>	\$1,228.00	<i>Brought forward,</i>	\$1,651.00
aEaton, Miss	5 00	Peabody, Mrs. R. S.	10.00
Fairbairn, Mrs. R. B.	3.00	Perry, Mrs. A. P.	5.00
Farwell, Mrs. J. W.	10.00	aPhillips, Mrs. J. C.	20.00
Fields, Mrs. J. T.	5.00	aPickering, Mrs. H.	15.00
aFitzGerald, Mrs. J. R.	5.00	Pierce, Dr. Geo. B.	5.00
Fiske, Mrs. F. S.	5.00	Pierce, W. L.	10.00
Forbes, Mrs. W. H.	50.00	Putnam, Miss G. L.	5.00
"Friend "	10.00	Quincy, Mrs. H. P.	20.00
Gay, Mrs. F. L.	20.00	Rodman, Miss	5.00
aGardner, G. A.	40.00	Rogers, Mrs. W. B.	35.00
Gaston, Mrs. W. A.	15 00	Russell, Mrs. H. S.	20.00
Hammond, Mrs. G. G.	20.00	Sargent, Mrs. F. W.	5.00
Harrington, Dr. F. B.	5.00	Sargent, Mrs. W.	5.00
Hayes, Mrs. W. A.	5.00	aSears, Mrs. F. R., Jr.	10.00
Hecht, Mrs. J. H.	10.00	Shelton, B. H.	5.00
aHemenway, Mrs. A.	10.00	Shelton, C. P.	5.00
Hemenway, Mrs. C. P.	10.00	Sohier, The Misses	30.00
Hooper, Mrs. R. C., Jr.	50.00	Sprague, Mrs. C. F.	50.00
Hopkins, Mrs. R. W.	5.00	Stedman, Dr. H. R.	10.00
aHutchins, E. W.	5.00	Stone, Mrs. F.	10.00
Jackson, Mrs. H.	10 00	Storer, Miss A. M.	5.00
Johnson, E. C.	10.00	Storer, Miss M. G.	5.00
Kidder, Mrs. H. P.	15.00	Storrow, Mrs. C.	5.00
Lyman, Mrs. W. P.	5.00	Thayer, Mrs.	5.00
aManning, Mrs. F. C.	5.00	Upham, Miss S.	50.00
aMason, Mrs. M. B.	2.00	Walker, Miss M. S.	10.00
aMorse, Mrs. J. T.	10.00	Walley, Miss H. B.	5.00
Morse, Miss M. F.	3.00	Wheeler, Mrs. H.	10.00
Newell, Miss L. H.	5.00	a*White, Mr. C. T.	5.00
Nickerson, Andrew	15.00	aWhite, Mrs. C. T.	5.00
Olney, Mrs. Richard	5.00	aWigglesworth, Geo.	20.00
Otis, Mrs. W. C.	10.00	Wilson, Mrs. W. P.	10.00
aParkinson, John	10.00	Winsor, Miss M. P.	5.00
aParkinson, John, Jr.	10.00	aWood, Mrs. H.	100.00
Peabody, Miss G. W.	10.00	Young, Miss F.	5.00
Peabody, Mrs. O. W.	10.00		
<i>Carried forward,</i>	\$1,651.00	<i>Total,</i>	\$2,176.00

BY-LAWS.

ARTICLE I. The Corporation of the INSTRUCTIVE DISTRICT NURSING ASSOCIATION shall consist of the persons named in the Act of Incorporation ; of all persons who have been or at any time shall be members of the Board of Managers ; of the members of the Advisory Board for the time being ; of such persons as shall contribute to the funds of the Association at any one time the sum of one hundred dollars (\$100) or more each ; and of such other persons as shall be, at any meeting of the Corporation, elected members by ballot—the affirmative vote of two-thirds of those present and voting being necessary for a choice.

ARTICLE II. The Officers of the Association shall consist of a President, two Vice-Presidents, a Secretary, a Treasurer, and not less than eleven nor more than twenty-three Managers, all of which officers together shall constitute the Board of Managers.

The said Board shall have the entire management of the business and the property of the Association ; and especially shall have power to manage, lease, mortgage, and convey any real estate, and to assign, discharge, and foreclose any mortgages, that shall at any time belong to the Association, and to designate the officer or officers to sign all deeds and other instruments, and to do all acts necessary or proper in the premises.

ARTICLE III. The President, the Vice-Presidents, the Secretary, the Treasurer, and the Managers shall be chosen by ballot at the annual meeting of the Association, or at any adjournment thereof, or at any meeting in lieu of such annual meeting as provided in Article IV of these By-Laws ; and shall hold their offices till the last Wednesday of the following February, and till others are chosen and qualified in their stead.

ARTICLE IV. The financial year shall end with the last day of January of each year. The annual meeting of the Association shall be held on the last Wednesday of February in each year, at such place and time as the Board of Managers shall direct. In the event of the annual meeting, by mistake or otherwise, not being called and held as herein prescribed, the Board shall order a special meeting to be called and held in lieu of and for the purpose of the annual meeting.

ARTICLE V. Any vacancy in the Board of Managers, including the offices of President, Vice-President, Secretary, and Treasurer, may be filled by the Board, whether such vacancy arises from the failure of the Association to elect the complement authorized by the By-Laws or from any other cause.

ARTICLE VI. Special meetings of the Association may be called by the Board of Managers, and shall be called by the President whenever requested thereto by ten members of the Association by a written instrument, which shall also state the purposes for which the meeting is to be called.

ARTICLE VII. At any meeting of the Association ten members shall constitute a quorum; but a smaller number may adjourn any meeting to a specified time and place.

ARTICLE VIII. The Board of Managers shall hold meetings for the transaction of business at least once in each calendar month, except the months of June, July, August, and September. Special meetings of the Board may be called by the President.

Five members of the Board shall constitute a quorum.

ARTICLE IX. There shall be an Advisory Board of not less than seven persons, to be elected by the Board of Managers. The Advisory Board shall be consulted by the Board of Managers whenever it is deemed necessary to refer to them for counsel.

ARTICLE X. The President, or in her absence one of the Vice-Presidents, shall preside at all meetings of the Association and of the Board of Managers.

ARTICLE XI. The Secretary, who shall be sworn, shall be Secretary both of the Association and of the Board of Managers,

shall attend their meetings and keep accurate records thereof, shall give notice of all meetings of the Association or of the Board at least three days before the time of meeting, and shall perform all other duties incident to the office.

ARTICLE XII. The Treasurer shall have custody of the funds and the securities of the Association, shall receive all moneys and, when duly authorized, shall make all payments, shall keep full accounts, shall acknowledge all donations and subscriptions, and shall present at each regular meeting of the Board of Managers a statement of the current condition of the treasury, and at each annual meeting of the Association an account of the receipts and expenditures for the preceding financial year.

An Auditor to examine the Treasurer's books and accounts shall be appointed annually by the Board of Managers.

ARTICLE XIII. These By-Laws may be amended at any meeting of the Association, notice of the proposed amendment having been included in the notice of the meeting, and the proposed amendment having been read at a previous meeting either of the Association or of the Board of Managers.

RULES FOR NURSES.

RULE 1. The duties of nurses are to care for the sick poor in their own homes, and to instruct them and their families in the treatment of their own cases and in the laws of wholesome living. Nurses shall perform these duties under the immediate direction of the physicians, to whom or to whose districts they shall be respectively assigned. In strictly medical and surgical matters, the authority of the physicians shall be supreme; and the Superintendent shall have power to enforce the medical and surgical directions of the physicians in their absence. In all other matters whatsoever, the nurses shall be subject to the authority of the Superintendent. They shall also be subject to the superior authority of the Board of Managers, or of any committee to which the Board may delegate any of its powers in this regard. No call shall be responded to, unless it come through one of the above named authorities.

RULE 2. The limit of the work required each week day shall be eight hours. Night duties and visits on Sundays and holidays shall be exceptional. Time for luncheon shall be allowed about the middle of the day.

RULE 3. The salaries of nurses shall be \$40 a month each for the first three months, \$50 a month each for the next two years, and \$60 a month each thereafter. In addition, they shall each be allowed \$5 a month for car fares and \$2 a month for charwoman, the necessary washing for patients and the washing of nurses' aprons.

RULE 4. Nurses shall be examples of neatness and orderliness; and they shall strive to secure the cleanliness of the patients and of the sick rooms.

RULE 5. The Association prescribes a uniform for the nurses. The waists, collars and aprons shall be supplied by the nurses, but the rest of the uniform will be furnished by the Association. Nurses shall wear the uniforms during the whole of the time that they are on duty; and shall always wear aprons while attending on patients.

RULE 6. In cases of contagious or infectious disease, care shall be exercised and all practicable precautions shall be taken to avoid spreading the disease. In such cases, visits shall be made, so far as possible, after the other work of the day has been performed.

RULE 7. When unsanitary conditions exist in the homes of the patients, the Board of Health shall be notified by printed cards provided for that purpose.

RULE 8. Nurses shall not be required to attend cases in houses of ill repute.

RULE 9. In the event of clinical instruction being given to students by the physicians, the presence of the nurses shall not be required.

RULE 10. No interference shall be permitted with the religious or political opinions of patients.

RULE 11. Nurses shall not receive presents of any kind from patients or friends of patients under any circumstances; nor shall they give money or its equivalent in any form, unless authorized by a manager.

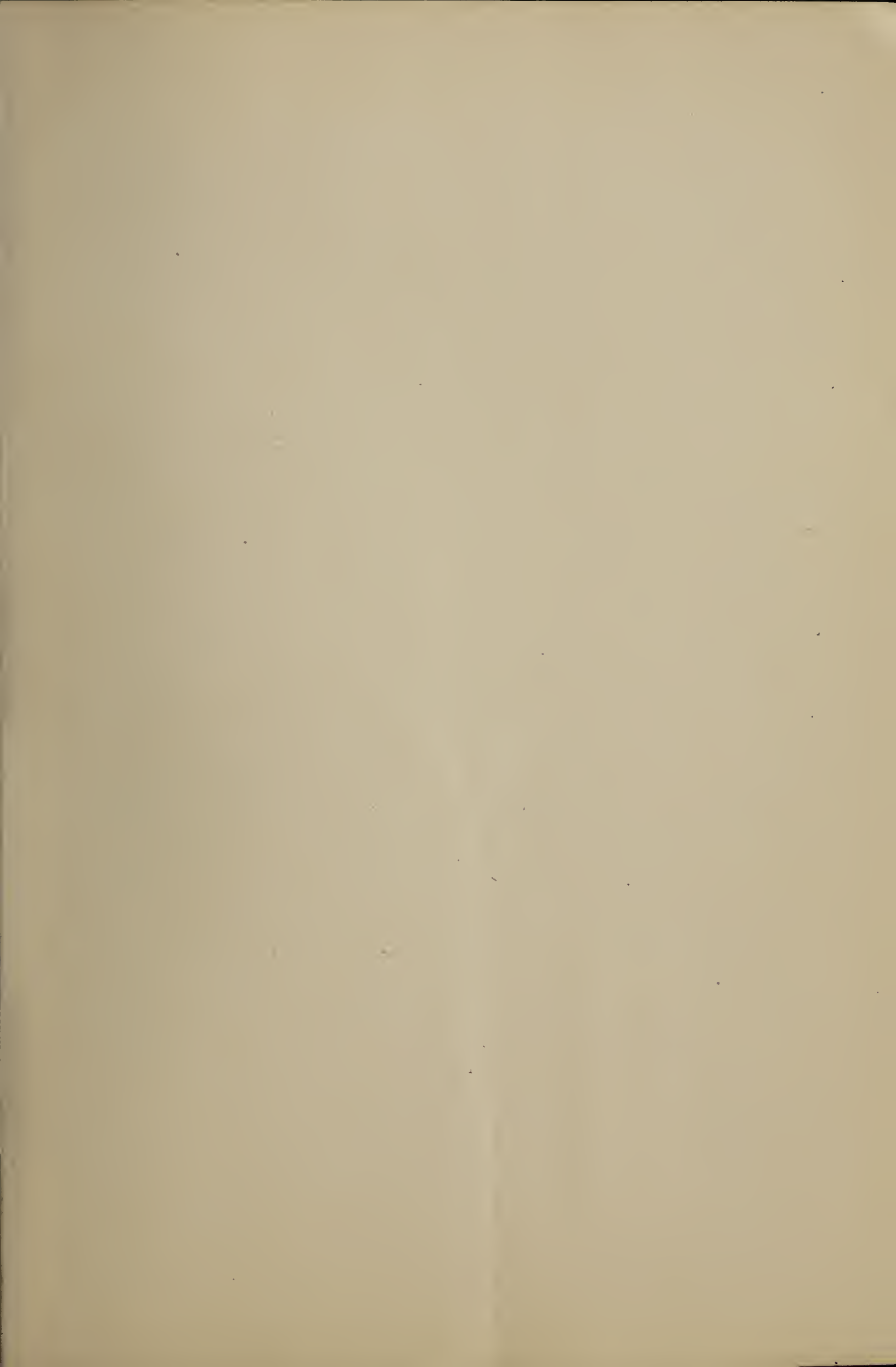
RULE 12. In lending articles to the sick, dated receipts must be taken for all articles loaned; and the return of such articles, properly cleansed, must be required.

RULE 13. Detailed reports of their work shall be made weekly at the office of the Association by the nurses to the agent and at the same time to the District Committees that may be appointed by the Board for the respective nurses. These reports shall be made at such times as the District Committees shall determine. Detailed reports, subject to the inspection of the Super-

intendent, shall be made in writing monthly by the nurses to the Executive Committee.

RULE 14. Each nurse shall be entitled to one month's vacation in each year; but, whether or not she return to service, her salary will be paid only on the express condition, that she has devoted this vacation to rest and recuperation, and during it has not worked for pay for any employer other than this Association.

RULE 15. In case of resignation, a month's notice will be required, or forfeiture of a month's pay. In case of dismissal, a month's notice will be given, or a month's pay in lieu of notice — provided, however, that, if a nurse shall be chargeable with inefficiency, neglect of duty, or other misconduct, or shall violate any of the Rules for Nurses or any direction given to her by any properly authorized board, committee, or person, she shall be subject to immediate dismissal without pay after dismissal.



FORM OF BEQUEST

I give and bequeath unto the INSTRUCTIVE
DISTRICT NURSING ASSOCIATION, in Boston, in the
State of Massachusetts, incorporated in the year
1888, its successors and assigns, the sum of

